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# Zen Doodle Drawing BOX SET 5-in-1: Zen Cats, Zen Dogs, Zen Horses, Zen Underwater Life, Zen Girls



**ZEN Doodle Drawing  
BOX SET  
5-in-1**



## **Synopsis**

While you are involved in drawing Zen patterns, you have to direct all your attention to it to make the drawing right. In that process, you just forget all about your problems, things you have to do, things you didn't do, etc. All of that just fades away in front of the "heavy task" • you have to accomplish and by that I mean a tangled Zen doodle. After you finished drawing your Zen doodle, you can actually sense the newborn clearness of your mind which leads you to more reasonable acting and a peace of mind. Because of these proven facts, I recommend the Zen art of drawing to all today's people who are used of doing instead of being and can't get off this habit very easily. In Zen doodling, you are being and doing in the same time. In this way, all of your capacities are involved, not just your body or just your mind. This is a BOX Set of 5 books: Zen Cats, Zen Dogs, Zen Horses, Zen Underwater Life, Zen Girls, that will give you a chance to look to Zen Doodling from different angles and you will be able to draw your favorite animals and beautiful girls with Zen Doodle Technique. Also you will find some Underwater Life Pictures with step by step guide and you will learn how to Doodle whatever you want. Enjoy your time with our BOX Set "Zen Doodle Drawing 5-in-1" !

## **Book Information**

File Size: 30750 KB

Print Length: 445 pages

Simultaneous Device Usage: Unlimited

Publication Date: February 21, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01C29LTAQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #685,893 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #218 in Kindle Store > Kindle eBooks > Arts & Photography > Graphic Design > Drawing > Pencil #603 in Books > Arts & Photography > Drawing > Pencil #1030 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Animals

## Customer Reviews

I always loved drawing, but since middle school there was no doubt I am not talented enough to draw. The last couple weeks I found out that there are simple guides that show you how to draw. I've already tried 3-4 similar books and this one was great as well. You actually have to follow all the steps and you won't notice how you draw something great. What I especially liked about zen drawing is that it brings peace to my soul and I feel relief and pleasure.

I have never seen such an interesting thing. I saw many interesting drawings in this book. Even that person, who does not know how to draw can learn due to this book. There are many cute pictures here!

This is an amazing set of books! I've admired the zen pictures and it was a mystery to me how do they do it, but now I can do it on my own! First I got the "zen girls" book but when I saw that I can have 5 in 1 I grabbed it without doubt. All I do these days is draw amazing pictures of animals, fish and girls and sometimes I give it to my friends but most of the time I hang them in my room. This book is awesome because it taught me how to do what I love!

This zen doodle drawing book is different from other book I purchased before. The author will teach you how to doodle from the scratch and my favorite part is the Zen Dogs, Zen Horses, Zen Underwater. It is amazing how this drawing starts. I love this book. It is a stress reliever and makes your life worry free. Full of wonderful pieces that serve as inspiration for doing your own thing. I'd still recommend this book

What a very amazing book. While still scanning every pages of it, I can say that this is an instructional book for everyone who want to practice doodle. The author taught every steps on it. I really like this book. One of the best that I grab here in .

I'd never heard of Zen Doodles before, but love this idea. As a writer, I enjoy having a little morning routine to kind of get the creative juices flowing, and this will be an excellent addition. The book is easy to follow, tells you exactly how to begin this practice, and even offers some ideas for what you can do with the doodles you create.

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